

SWIM LESSONS at NORTHPARK

American Red Cross Swim Lesson Program

Safe Swim's program features six levels of American Red Cross Learn-To-Swim instruction to help swimmers of all ages and abilities develop their swimming and water safety skills. It is designed to provide students a positive learning experience.

Instruction is provided in a logical progression, with a primary objective of teaching students to be safe in, and around the water. Each Safe Swim Instructor is certified by the American Red Cross in Water Safety Instruction, Lifeguard Training with First-Aid, and CPR for the Professional Rescuer.

Program Levels

Level 1: Introduction to Water Skills

Level 2: Fundamental Aquatic Skills

Level 3: Stroke Development

Level 4: Stroke Improvement

Level 5: Stroke Refinement

Level 6: Swimming & Skill Proficiency

Private Swim Lessons

Ages 3 - Adult

1:1 Ratio | 20 minutes per lesson*

8 Lessons - \$159

16 Lessons - \$298 (save \$20)

Semi Private Lessons

Ages 3 - Adult

2:1 Ratio | 20 minutes per lesson*

8 Lessons - \$188 = \$94 per swimmer

16 Lessons - \$346 = \$173 per swimmer (save \$30)

How to Sign-Up

Lessons are scheduled by calling Safe Swim at 949-420-0804

Semi private lessons require two swimmers to register together

All swim lessons held at the Sausalito Gardens Pool , 120 Spring Valley in Northpark

* 30 minute lessons are available, visit safeswim.com or call 949-420-0804 for details



Register online at safeswim.com

For more info contact Safe Swim at 949-420-0804

